

Morning Meeting Kindness Questions



Pick a card and share. A gentle way to start the day.

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What is one kind thing someone did for you?

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How can you help a friend today?

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What makes a good friend?

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When did you feel proud of being kind?

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What can you do if you see someone alone?

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How do kind words make you feel?

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What is one way to include others?

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Who can you say thank you to today?