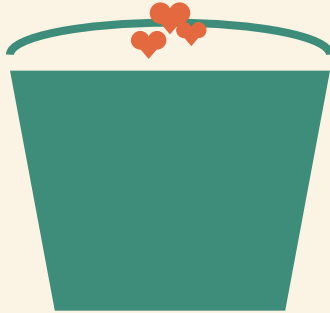


Be a Bucket Filler



Everyone carries an invisible bucket. Fill it with kindness.

Every person has an invisible bucket. When we are kind, we fill other people's buckets, and ours gets full too. When we are unkind, we dip from their bucket and empty our own.



Ways to fill a bucket



Say kind words



Help someone who is stuck



Share and take turns



Include someone who is alone



Give an honest compliment



Say please and thank you

You Filled My Bucket!



Cut out a card and give it to someone who was kind.



You filled my bucket

when you...

From: _____



You filled my bucket

when you...

From: _____



You filled my bucket

when you...

From: _____



You filled my bucket

when you...

From: _____



You filled my bucket

when you...

From: _____



You filled my bucket

when you...

From: _____